



Warrnambool ■ Colac ■ Hamilton ■ Portland

TRABECULECTOMY/ NEEDLING POST OPERATIVE CARE/ INSERTION OF GLAUCOMA DRAINAGE DEVICE

This sheet explains the post-operative instructions following trabeculectomy surgery.

You will be seen by Dr. Lee on the day of the surgery.

It is important to ensure that your drops are instilled as instructed. Usually, but not always, these will include Ofloxacin to be instilled four times a day and Prednefrin Forte which should be instilled every two hours.

When instilling drops, it is important to not press on the eyeball, even indirectly. If your eyelid has to be retracted by your fingers, ensure that this is done on underlying bone rather than on the eyeball.

The bandage and shield over your eye will be removed and the shield returned to you. The shield is to be applied to the eye with an adhesive tape at night during sleep to prevent any trauma to the eye. This should be applied for 21 days post op if possible.

It is important to wear protective eyewear during the day to avoid inadvertent trauma to the eye. This can be a simple pair of spectacles or sunglasses. If you do not have a pair, then simply using the eye shield will be sufficient. This can be discarded after 3-4 days when you are familiar with the need to avoid touching or rubbing the eye.

For the first week, please ensure that the eye is kept dry when showering or face washing. If water gets into the eye it can be gently dried with a clean towel with minimum pressure.

In the first few days, there will be grittiness, redness and blurring of vision, all of which will slowly improve. If at any time these symptoms get worse, then you are instructed to contact Dr. Lee's office and arrange an urgent review by Dr. Lee. Please ensure that you have a follow up appointment made to be seen by Dr. Lee.

Contact telephone number is **5562 4488**.