

**HOME CARE FOLLOWING ENTROPION/ECTROPION REPAIR, EXCISION**  
**OF LID LESION**  
**POST-OPERATIVE CARE**

The following is a list of instructions for you to follow now that you have had your surgery. This will ensure the healing process goes smoothly and no complications arise.

**Expected Pain and Management:**

- When your anaesthetic wears off, you may feel some discomfort to your eye; take Panadol or Panadeine to relieve this.

**Dressings:**

- Take the dressings off the next morning after the operation.
- It is important not to rub the eye.

**Daily Care:**

If there is any discharge for the eye, dab the margin of the lids with a clean tissue or cotton balls dipped in warm, boiled water. It is **very important to never rub the eye or wound.**

**You do have stitches, which WILL DISSOLVE. They do not need to be removed.**

**Eye Medications:**

CHLORSIG ointment will be prescribed to prevent infection. This needs to be **gently applied to the affected area and to the eye.** Warm the tube in your hands or in warm water to melt the ointment. This will mean the ointment will “ flow” into the eye. Use ointment in the operated eye 3-4 times per day for one week.

You may use topical lubricants as well to keep the eye comfortable if you wish.

**General Care:**

**NO** vigorous activity for 2 weeks.

**NO** swimming for 4 weeks and avoid water in the eyes for 2 weeks.

**We advise you wear sunglasses outside to protect the eye from dust and debris.**

It is normal for the eye to be uncomfortable for the first 4 weeks – normal pain relief (e.g. Panadol or Nurofen) is fine to take if needed.

If you have any concerns, you can ring anytime for an earlier appointment.

**South West Eye Surgery**                      **5562 4488**

South West Health Care                      5563 1666

Royal Victorian Eye & Ear Hospital                      99 298 666